Message de Paque

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This is an extra issue. It is free of charge distributed to the former subscribers and to others who might be interested. It can not be part of a new subscription as publication of this bulletin is not possible. The costs of this single issue were covered from private funds. Extra copies can be ordered against cost price, see last page. In fact we did not plan to publish more after the appearance of the doubleissue Nrs 12 and 13 in July 1963, but circumstances supplied us with a message and text, which we considered valuable to many people and so we decided to bring out this extraordinary special issue. We sincerely hope you will appreciate it. 

### A PERSONAL APPROACH

We live in a period of time, in which there are great changes, scientific developments; social movements, threatening natural catastrophes, world wars, and these all create inner insecurity. The UFO-problem, which exists now for over 30 years, is one of the major phenomena in this transition period.

Slowly the conviction has formed that this complicated whole of sightings, registrations, experiences, testimonies and traces in past and present is much more than only an unknown natural phenomenon or wrongly interpreted known or explainable ma-

nifestations of the natural laws discovered up to this moment.

Nearly each advanced student in this field agrees to the thesis that we are not the only human beings in this cosmos. The UFO-phenomena point to the probability that there is human or other intelligence behind the happenings. It are evidently higher developed beings, who observe us and, except in a few cases, did not attack the earth in the past. On the other hand there are also more or less human creatures, who might be opposed to intervention by higher powers, which threaten to undermine their once founded position of authority.

Some messages indicated that the visitors are willing to help us if we are able to accept their advise. Why should we doubt this in advance as history has shown us. that they come here to contribute and even to build, not to destroy. If there exists a higher cosmic order, the question arises whether we earth inhabitants, different in development, morals, religions and life patterns will ever be able to form a part in it. Only a small percentage of our earth people has a sufficiently tolerant, openminded and democratic attitude to climb one or two steps on the ladder of evolution. A higher knowledge and science are here but too often used for the wrong purposes and these threaten now already the whole human society on earth. If one has come to the conclusion that there is a higher reality behind these facts, which testify of intelligence and purposeful action, then one can decide which way we want to follow in the study of this complex phenomenon. Whether it will be collecting of controlled facts and other materials and the use of scientifically justified research methods, or the direct personal penetration to the core of the matter.

Most people chose of course the road of scientific approach, because this preeminently fits in with the modern intellectual attitude. If one is honest however, one pretty soon discovers that all these facts do not clear up much and that one is in the end just as mixed up and uncertain as in the beginning; unless one is satisfied by explaining away, which is not known or can not be fit in, within the accepted scientific system.

There are too many contradictions and to our senses improbabilities, factors which fall outside our pattern of thought. We must take however not to be too negative and realise that we are just at the brink of the universe with our knowledge, notwithstanding our recent scientific advances. Not everything is readily penetrable to our way of studying and reasoning.

If one reaches this point and makes a choice whether one prefers the present decadent systems or wants to strive to higher purposes, the logical consequence is that one develops an initiative in the once chosen direction. And this is for most of us the most difficult point: to conquer the fear for the unknown cosmos, to feel too weak for the self set heavy task. Still one has to dare to venture upon this effort to reach the highest entities in our atmosphere to get a vitally important contact.

Quite a number of people have sought a solution of this kind, some more experienced than others, some more stable than others. To open oneself to strange influences from the outside can be dangerous if one is not strong enough to retain his own identity and is also critical and selective. One can easily become a toy of not understood forces, either from the own subconscious as well as from intelligent beings of earth or space origin. It is often necessary to break a contact radically off, if it proofs to be not of pure and high origin. Your "Channel" has followed this difficult way by the method of trial and error for about twenty years. It was a very narrow path and I regret the others who have fallen and did not rise again. Still their sacrifice has not been in vain if we learn from them to be extremely cautious, not credulous or easy to mislead, not premature in our conclusions, not prepossessed or fanatic. And last but not least we may not be depressive. Blind dedication to socalled "advisors" often turned out to have been deception, or self-deception.

Of course much has been written through the years, which was not very trustworthy in the eyes of ufological investigators. Because of that, we will explain the situation as we see it.

This earth is controlled by what some people call, more religious than scientific, the fallen angels or nefilim. These have in their highest form of manifestation to our eyes, also a human shape. Their once pure spiritual appearance was lost when they became bound to earth. Their astral appearance ranges from frightening to unattractive, to say the least. They command lower forms, sometimes even a kind of zombies, and even rather premitive creatures. From them such actions as the "three men in black" originate and other deterrent, sometimes even malicious attacks. They also may employ monstrous forms and these serve especially to create fear and reservedness with regard to the higher and well-meaning ufonauts, so that these forces can not unite with earth beings and in combination put an end to the dark domination. Yet something like that will have to happen and the time for it coincides with the "day of judgement" or in other words the selfdestruction of the human race, coupled with various kinds of natural catastrophes everywhere.

The disreputing of the higher ufonauts can also happen by misleading and unreliable messages, simulated contact stories, socalled appointments, which are never kept. In short, the possibilities to disturb eventual good relations are legion. Therefore it is very difficult to establish a reliable contact. We are surrounded by dark forces, and their suggestions are not always registered by the higher ones, so that they are ascertained after the damage is done. One has to test each contact by strong concentration and repeated efforts untill one is convinced that the contact is with a high level entity. Is the contact of a sufficiently high character, one will get some kind of proof in the form of inspiration, good advice or even a visible manifestation. Is one accepted then, follows a sense of bliss, elevation, light and purity. The wrong ones do not go into much trouble to be kind or to proof anything, the only advice they give is stop with it, it is not worthwile. Or if they become annoyed: "we'ill get you". However be not frightened off by that.

A direct higher contact is only established if one intensely longs for it. The beings on the other side can vary in character from friendlyness and companionability to sobermindedness. They do never critisize, only point out mistakes or misunderstandings and give advice or warn for coming events. They can also give whole lectures over life in the Cosmic Federation, philosophical questions or scientific matters.

Recently there was a more urging attitude, due to the fact that the time seems to run short, in which certain actions must take place and that we must use this short time well to save as many as possible people. More people must establish

necessary if our united forces will be able to save at least a part of the earth civilisation and reestablish its development in cosmic connection. Also this cooperation is necessary in order to stop the destructive proces of a third worldwar. As we remarked before, our cosmic friends are strictly democratic, which means that they are not allowed to interfere in our planetary matters, according to their rules and laws. Only if our military men become agressive, which unfortunately happened a few times, they may defend themselves or give way to the agressors. For a preventive war there are no grounds or justification. The only thing the Cosmic Federation wants is to awaken us to a higher sense of awareness and responsibility, inner freedom and make it clear that the third world war must and can be stopped in order to save this planet and at least a part of its inhabitants. (The Cosmic Federation possesses the means to this purpose.)

At the moment a conscious and clear publicity is necessary to clear away the haze of lower and deceptive manifestations and to make a start with the conquering of the fear for the unknown cosmos, which is retarding the progress of many people. That this is not a simple task will be clear to anyone, especially to those, who have experienced like ourselves which curious but certainly not always sympathetic entities infest our lower atmosphere. The earthly agression is mostly directed against this lower interference and the often obscure actions they undertake. If an attack is wrongly directed by earth-soldiers, then this can be explained by lack of knowledge or discernment. The tasks of the higher ones give no cause to agression. These are mostly scientific, psychological, humane and spiritual

Where do these cosmic visitors come from? There are a few indications. The answer they gave to a relative question came in the form of a metathesis and existed of two words. The letters were: K.Y.S.T.O.M. - A.Q.R.P.O. By some efforts we reached a reasonably satisfying result in the words KOMSYT PAQOR, in which the consonants as well as the vowels stand in the right alphabetical order. We had the impression that we had found the right solution. This name or these names do not tell us anything, but if it concerns a place we did not visit before, or which name we never heard in any context, this is not amazing. A other indication can be found in the fact that the higher ones consider the 17th December an important date, in our case it included also the 17th November and the 17th January. In the old Greece at 17th December the Saturnalia were celebrated, a festivity that was dedicated to democracy and agriculture. This fits in with the character of our space friends.

According to their statements they did not originate in this solar system, but were long ago inhabitants of another system, of which the sun was recognised in time to become a nova. They then recreated their little planet into a kind of spaceship and broke loose from the old sun. After a long journey through the cosmos they arrived in the vicinity of our sun and decided to remain here, although the conditions where not ideal, after which they brought their planet=SPACESHI in a permanent orbit. This celestial abode appears to be poor in water, and life is there only possible in specially protected colonies under the surface of the planet, which are still pretty spacious so that a kind of horticulture is possible. These colonies are connected by tunnels through which all kinds of trafic are possible. In the centre of the planet, where once the driving system was regulated during the long space journey, now their spacefleet is harboured and many large construction and repair rooms. Large shafts to the surface permit departure and arrival of space expeditions. The opening of each shaft on the outside is marked by rings of beacons. Trafic in these shafts is regulated by magnetic force and severe regulations. In case of danger they can be closed and opened according to wish. The colonies are protected by forcefields and impenetrable cupola's.

The best and most safe solution for a relatively small planet to be brought in a permanent orbit, is to make it a moon or satellite of a larger planet. The two large ones which possess the most moons are Jupiter and Saturn. Jupiter is far from quiet in view of the enormous explosion which caused the separation of a large mass of matter now 3500 years ago. This explosion, possibly of volcanic origin, created probably the large red spot, and the big lump of matter became after some near collisions the newly born planet of Venus. It also caused

Jupiter/Zeus. The planet Jupiter has at least 4 moons, which may harbour life in any form. As Jupiter is still giving off heat, it resembles a solar system. Saturn has according to recent discoveries a considerable amount of ice on its surface and notwithstanding that radiates still some warmth. The only moon of Saturn which can pass for a small planet is Titan with a diameter of 5,800 km and a substantial atmosphere. This atmosphere seems to keep Titan warm by the greenhouse effect, a condition the earth knew before the great flood. The name may be suitable in view of the story told to us, a titanic struggle for the survival of the population. We can speak in this light of Titans or Saturnians, who visit us but just as well or even better is to link up with the name they told us and speak of Pagorians. Let's return to the paranormal observations. Their appearance can be southerly or slightly coloured or large and northerly and (nobody would notice them if they walked through any European or American city nowadays.) Modern young people are also often 2 meters or even more. Their interior was evenly brown just as their clothings but at another occasion green silky material was seen, which seemed to possess curious characteristics. Their behaviour is very reserved and controlled. They are patient, without criticism or reproach, without irritation or hurry. In closer contact their influence is very elevating and soothing. In this connection we remember their remark: Who takes up the sword, will perish by it. They will never attack us or anyone, but in order to be able to interfere at the decisive moment here on earth, they need earthly co-workers, who are fully connected with the destiny of this planet also in regard to their karmic ties. These can, through their links with this planet, better carry the responsibility for drastic changes than beings from a different part of the solar system. Yet they left their traces on the earth in bygone times and from that one can conclude that there exists a slight connection of destinies between the earth and this far off Tital civilisation. It appears that they visit us every time there are important changes or if our planet gets in danger. In a way they are preservers, but the only thing they wanted to promise untill now was, that they would prevent that the earth as a planet would be destroyed. "Your planet is too valuable to be lost by senseless or irresponsible acts" They seem to appreciate the earth more than we do it ourselves. The earth has an enormous abundance of vegetable and animal life, natural beauty, rich soils, pure water, minerals, rare earthes and other possibilities for evolution, science, experience and learning than the older and now nearly lifeless worlds. It is like a well equiped testingground for uncountable reincarnations. Our cosmic friends have their own resources and sufficient knowledge and energy to collect the necessary materials from the many worlds in their large territory, but the wild freedom of this relatively young planet is a welcome change to their old and wise eyes. They see with regret how little we make of it and 7 how small our appreciation is regarding the treasures entrusted to us. The events that triggered off their coming in recent times were of course the atomic explosions, which caused also devastations outside our planet of which we know near to nothing and another matter which is just as unknown to us. Nuclear explosions have the tendency to influence and strengthen or deform the cosmic beams, incoming and outgoing, which are the strings on which the universe is revolving and keeps its cohesion. If something is changed in these beams or rays, which are of course not the same as the light forms of energy we know already for some time, then great tensions may build up causing in the end much damage to the centre of the own planet, its crust and also to outside or parallel worlds. The incoming flow is gravity, and the outgoing flow keeps the whole solar system together and in order. They both are mutations of each other working on a different level. If the scientists go on with their nuclear explosions, the consequences and results will one day come back to us in the cumulative effect of all nuclear explosions together We have had an example of that in our solar system now long ago, but the result can still be seen in the asteroid belt, which was formerly also a planet. It broke up into larger and smaller pieces after its inhabitants, involved in a nuclear war, had caused its destruction. We will return to this subject

The other unknown factor of interest to the cosmic friends was the approach

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This mass of ene tter is the (occult)result of many ages and uncounted generations full anger, cruelty, blood lust, longing to destroy, annis of energy passed the sun in 1955 and is now in a way the same characteristics as Kapila's hilation and negat nearing the earth a Eye but it comes fro causes, while Kapila's Eye is a technical or scientific device. When the energy hits our planet in a few years it will cause great devastations and it will disrupt our society and create chaos. The only way to protect the completely according to the cosmic land to build up a forcefield of positive moral and humane power. Light-Love-The earthman's consciousness has parrowed so much in the moral sense, that we have no notion of the lifes of our cosmic friends. If we think that our climat of emotions and living a sable and normal then we are completely wrong. In fact we live in a very murky, putry and unwholesome mentality and sphere. >
If one has tasted the happy, cristal-clear, sunny and endless space of the cosmic atmosphere then one realises her much one is missing. In such an atmosphere one can judge everything much less sional and hampered by prejudice and materialism. Everything new can be accepted much more easily. One can promote the reaching of this clearness by an intensity cure of purification, as well by vegetable means as by conscious meditati preparation and with that we do not mean of course no drugs, which cause only a forced shortcircuit with all the dangers of impure means, the unripe medium and the relative helplessness against accompanying damaging sideeffects. The cosmic friends can help us with harmonising radiations on the 17th of December and in all cases of urgent personal appeal. The most important in all cases is that we pen ourself up to their higher reality, and that we do not indulge in our selfch oled prepossessions, or that we give way to dark influences from our surroundings. Spiritual help and inspiration is always necessary and welcome, but everyone knows how much is lost by materialistic excess. Yet humanity draws nearer the decisive crossing. Will it be able to make the right choice? Many contactes have received their experiences and the from those resulting "messages" to the earth, by direct advances from the side of the ufonauts. Your "channel", on the contrary, has wanted this contact (himself First by telepathic requests directed to the highest intelligences for visible manifestation. This lead twice to sightings in broad daylight and relatively low altitude in the years 1954 and 1956 both times after a preceding warning. The third time it concerned a more or less unexpected landing. The period of time between a request and a manifestation can come to weeks or even months. This landing happened in the winter 1962-163 and left very clear exact traces in the snow upon a flower box outside a closed window on the third floor, which was an inaccessible place for ordinary human beings. The traces were in the form of imprints of little ski's some centimeters apart, of about 30 cm length, one lightly in front of the other as if something had ballanced itself. There were no frayings and the depth was about  $2\frac{1}{2}$  cm(1 inch). Was it a small flying robot? Evil thinking analysts will probably claim that I made these marks welf. We can only state that there was at least one eyewitness, who can testify the snow was blown up against the window and was completely undisturbed. Unfound evil thinking can best be ignored. The unrest or uneasiness reported by many contactees was also experienced by your channel and lasted in fact for years, because the tempo of efforts approach was much slower and the growing closer to the new atmosphere was ampered by work, tiredness and other disturbances. Fear for the visitors existed mostly only in the first period of investigation, as there were also unpleasant reports and less good influences were expen Even now there is some doubt concerning interference by dark entities uppermost worry is about the question whether we can offer you an all satisfying message in the short time given to us. Registration and ver of new ideas and data takes time, even much time and there are so many

It was one of the first impressions your channel received through the cathat we sensed the atmosphere of a very old, rich and wise individual mentage a civilisation, in which the human beings apparently could reach also

teach us something from their overflowing knowledge. With that all they have remained simple and modest, peaceloving and show even respect and gratefullness to others, who are by far not so wise and experienced as they themselves. We could certainly take them as an example in our stupid way of life, without joy, full of selfcontentment, killing each other without resson, poisening the nature given to us, functioning as badly programmed refers in the process of selfdestruction.

Our earth is a true casis in the cosmic waste of the table bodies, it is worth to be preserved. Let's change the course of development together with our cosmic friends. They are ready to help us, let's not recuse the extended hand. Those, who have been interested in the ufological problem and who have read this and similar messages, find themselves in fact in a privileged position. They belong to an avant-garde of a new age and can assist to save human lives and maybe also irreplacable cultural values. All depends on the measure of confidence we can have in the offered possibilities, and if we are able and willing to verify what is true. Bear in mind that your courage and deeds in the critical moment can turn the scale; that your act can keep alive dear ones or acquaintances and that you all can contribute to a new and better world, a just peace on this planet. As individuals, we can do nothing else but make up our minds and decide if we trust and want to cooperate with the Cosmic Federation. It are not foreign powerlusty politicians who ask you this but ordinary kind people, who have chosen some time ago for cooperation, and who are now volunteers in the cosmic ranks. They ask you only to give it a serious thought, and to direct your conclusion up to the spaceships of the cosmic federation, to assist them in making a decision. They are able to hear all considerations and objections, and if the time is granted to us, all maybe they can make adjustments or give more proof of their honest good will. No all-destroying conflagration and no war of the worlds, but on the contrary, a limitation and shortening of disastrous struggles for worldpower by irresponsible rulers and systems. It is up to us to differentiate between evil entities from the inner earth, and the kind assistance offered to us from the

The dark forces in the background, which are active since human memory, and who are for the major part responsible for cultural decay, crime and insanity, must not be understood as glosts or demons. Lucifer or Shatan was an important leader in a very old civilisation which deteriorated long ago. It had its base on a planet which was orbiting where now the asteroid belt can be found. Their level of development was about the same or slightly more advanced technically as what we have reached nowadays. Torn up by inner conflicts, this civilisation destroyed itself and larger groups of the population were able through space travel to reach other parts of the solar system and to inhabit existing bases of scientific origin and build new ones to give shelter to the emigrants. Shortly after that exodus, a wandering heavenly body or comet tore apart the already weakened original planet.

One of the refuges was the earth, which was then still in a very primitive state. This explains why we find traces of prehistoric animals together with examples of a high civilisation which show technical and artistic skill. It also offers an explanation for cultural remains, which can be found in different parts of our planet without it becoming clear where these civilisation originated. As the first stadia of development are missing and the reason why the inhabitants disappeared can not be deducted, the only possibility is that they were settlements of refugees which were traced by soldiers of the other party and made prisoner to be used as slaves. The same seems to happen even today in the region of the inner earth. This was one of the better hiding places and it appears to be occurred even to this day.

A large part of the inhabitants there seems to be degenerated to a level of shew obstruction, by means of a technology and science of which we have still no wowledge or only a vague notion. They are however still a threat to the dreace as they have been for a long time. The original Asteroids we might a Pero(id)s, but the low sunken offspring can only be called Dero(gatorian).

great Messrs Palmer and Shaver and thank both for their courageous effort to

Fring the story to a large public

ments up till now may have caused damage in the inner earth.

One of the most recent explosions of their lust for power, we experienced during the second world war and Nazism. In the philosophy of the Nazi's Ultima Thule and the hollow earth played in important part. Only after World War 2 we could take cognizance that it was no wild unfounded false doctrine, but an adapted complex of facts and theories. Curious was also that the Nazi's never developed a nuclear bomb although they had indications of the possibility even from the beginning of the war or even before Even in the preceding age original thinkers and investigators came to the conclusion that the poles were not just very cold inhospitable regions, but that in these regions could be found a secret that was properly protected by the walls of ice and snow. At first it may have been disbelieve but after some well known travellers and scientists discovered the reality of this secret, authorities and scientists agreed to keep silent about it, to avoid accidents, disquietude or even panic. But also to try to investigate first what was behind this secret. It is namely a fact that the North- and Southpole do not show a closed earth surface, but one can find there a funnel-shaped deepening ending in big holes or pits of which the southpole is largely blocked up by ice, while the northpole is open but mostly covered by clouds. Who enters the subterranean world first sees the land and seamasses overhead like a fata morgana. But this is the opposite side of the funnel and pit, about 165 miles away. It all depends on the place where you are: it can differ from 285 to 50 miles. After that you enter the dimly lighted inner earth, where the bases of the ex-asteroids can be found in a relatively mild climate although the sunlight never enters that place. Admiral Richard E. Byrd has flown over both poles in the years 1929, 1947, 1955. He discovered near the southpole a valley and plane with many-coloured lakes During a later flight he penetrated this landmass for 2.300 miles. If we look at a map we see that he then should have been over the antarctic sea again, if he had flown in a straight line. It was however the landmass at the inside of the earth which he saw below his plane. Those who want to study more of the literature about these mysterious regions we advise to read the following books: Bal Gangadhar Tilak THE ARCTIC HOME IN THE VEDAS, 1925, Dr. George Biedenkapp DER NORDPOL ALS VOLKERHEIMAT 1906, Reed THE PHANTOM OF THE POLES 1906, reprint 1964; William F. Warren PARADISE FOUND, OR THE CRADLE OF THE HUMAN RACE AT THE NORTH POLE 1885, reprint 1964; Marshall B. Gardner A JOURNEY TO THE EARTH'S INTERIOR 1926, reprint 1964; F. Amadeo Giannini WORLDS BEYOND THE POLES 1959, Ray Palmer FLYING SAUCERS (magazine) and his series THE HIDDEN WORLD 1961-1964, Eric Norman THIS HOLLOW EARTH 1972, Brinsley le Poer Trench, SECRET OF THE AGES, UFO'S FROM INSIDE THE EARTH 1974 and a lot of other publications mentioned in the last book. Two satellites have made very clear pictures of the hole at the Northpole in 1967 and 68, it were the ESSA-3 and the ESSA-7 satellites. We want to point out that stories about specebeings entering through walls and leaving the same way, nearly always concern projections, materialisations or trips in the astral body. The same accounts for supposed visits to spaceships, complete with conversation. The really high evolved cosmic brothers, for whom there is a rule of non-interference, unless this is explicitly asked, all not proceed in this fashion; they behave very modestly and reserved. If the thers are using such methods, then it is no wonder that we hear such strange incomplete) controversial and adjusted versions of contactstories. Our experience was that, one recognizes the wrong side by its somewhat brutish pattern of thoughts, the impatience, irritability, promises which are never kept, misleading claims, the pleasure in those cases where something went wrong to us, which pleasure is hardly hidden. Never go to appointments in lonely dark places at night. However it are not always direct influences from the dark side. By the very strong spiritual emanations of our cosmic friends, which are more penetrating due to their purity, some less high characteristics of our earthpeople are stimulated or induced too. Maybe it is a phenomenon like ebb and flood.

Some developments are sped up, emotions become fiercer, phantasy breaks through to new horizons, the tongues are sharpened etc. This all means an extra burden to our selfcontrol. It sometimes can lead to wild unverified phantasies fana-

garding interference in the earth affairs and also that they emphasize internal and spiritual purification. Our whole system is in fact sp poisoned by the kinds of food and also externaly by industrialisation and chemical products that our higher perception and our consciousness are largely disturbed and closed. From that results the interest for yoga, nature cures, meditation and mysticism, which has grown after WW-2, just as it happened also after WW-1. It is however not so that the ufo-problem is an outcome of this at first subsonsious and later conscious tendency. The ufonauts were interested in this planet right from the beginning of human remembrance, if one can believe the materials collected by ufo-students.

The idea that evolution is an undisturbed climbing of the ladder is untenable. High civilisations have ended, and much of their knowledge and technology was lost. Even to this "enlightened" day we are puzzled by products of these high cultures, and at times it seems as if they came from different worlds or that the earth itself has changed its character during millennia of evolution. It is good to realise our relative unimportance and unexperiencedness, maybe this will save us from a new worldwide catastrophe. For that it might be necessary to make it clear to our rulers that we are not willing to commit suicide on a grand scale through their incompetence and shortvisionedness.

Just as we ourselves, the earth authorities are under the influence of the dark forces which control our planet. These are not so easy to point out as momentary is done. It are not the political parties, secret police organisations, politicians, dictators, capitalists or what other hobby horses are ridden. It are all individuals, more or less under the same influence.

The cosmic federation is not interested or partial in earth politics. The political constructions of the earth are so insecure and unsteady and its representatives are in most cases so prejudiced that a cooperation for some time is hardly possible. According to cosmic considerations the selection for governing functions would have to be much more severe and include other criteria and principles. The rulers in fact carry the whole international responsibility for the well being of the whole planet and its population. So for these functions can be chosen only the most wise, experienced, responsible, expert and social feeling individuals. Their intellectual and moral development must be harmonious. At the moment we often see the opposite. The realisation of the higher standard is not yet possible, one can only think and philosophize about it; consider eventual improvements and look for roads for approach, or design a usable method for selection. Everything is of course closely connected with the existing economic and political systems and can not be seen loose from the groups now in power.

A considerable number of earth volunteers serves now in the ranks of the cosmic brotherhood. They do mostly observational and processing jobs. This number is however still too small to make an interference possible in the near future. The members of the cosmic federation may not start even a preventive action. The question is: will we here on earth be able to send up sufficient voices and with that votes to stop an atomic devastation in time. The time is running short. Ten or twenty years means nothing to the cosmic people, and its nowadays means hardly much to us. Therefore, if they are urging us to decide, the year of the calamity can hardly be more than 25 years ahead, more probably even closer. We can choose between the following possibilities:

- 1. One waits and sees, continues with the scientifically justified research and keeps strictly to the facts, proven or not. Propagators of this attitude tend to forget that never all facts can be checked and verified Scientists often disagree. So if one chooses this point, one has a fair chance to come too late and perish when the momentary order collapses.
- 2. One starts to try to make contact with the higher forces with full strength, and keeps trying for some time, in order to establish for oneself if there are such higher beings, and what is their character. This is the wisest choice, but also the most difficult.
- 3. If one establishes a direct nontact with higher beings and is relatively certain that the contact is reliable, then one can choose from the following:

  a. ask more information about all kind of matter of some importance.

b. ask only for assistance in a desperate situation danger for ones life etc

- d. Offer your services as direct assistant on earth for special tasks. e. Or do you want to be taken up and to be prepared for future task?
- 4. Taking a decision whether one wants an <u>interference</u> of the <u>cosmic federation</u> in case of a nuclear war or if one approves to all actions to keep the world at peace.
- 5. Decide for oneself whether one wants to cooperate to realise point 4. The last two points are of course the most drastic. They can also be taken in the place of nr 3, the only prerequisite is that one is absolutely certain that the contact is reliable and of high order.

Especially point 4 is important to the Cosmic Federation as on that base action at short notice can be undertaken. The other points are however also of great interest to them. Agreement on those points is also very welcome.

If one formulates ones decision it ought to be in clear unequivocal words, sent up with all mind- and willpower. Then the cosmic federation will receive it clearly and take it into account.

You have to understand that the <u>higher ones</u> must be <u>very selective</u> before <u>accepting your cooperation</u> and services. Do not be disappointed if you get the impression that a decision about the proposal you made, can only be taken <u>later</u>. All contacts must of course be full of sense, so prepare yourself and <u>your questions</u> or proposals

They have pressed the point that one should abstain from any action, which could displease the momentary earth authorities, so no meetings, actions against institutions, no uncontrolled behaviour, no agressive expressions of opinion or deeds, which could lead to locking in. The only thing one has to do is quiet concentration on the accomplishment of a good and pure contact, after one has taken a decision to that effect

To choose for the cosmic federation may have great consequences in some cases for your life and plans. But remember a nuclear war has also great consequences and the chance to survive is then nearly negligible. In the first case you may be able to take with you only the most necessary things, such as f.i. provisions for only 3 days. If you wait untill a war breaks out or a disaster hits you, then you are too late for everything.

For the religiously inclined among you, here follows a message from years ago, which has become nearly more timely by the years. It is self-evident.

"Do you know the hostility with which your rulers treat us? Is this not proof of their bad conscious, of their wrong intentions?

We will not end their reign and will not establish a cosmically oriented state on your planet, unless you, yourself request us to do so.

When your voices are so many that they <u>outnumber</u> the others, only then we will start building the Earth Kingdom of the Light. Then you will see us coming, descending from heaven and you will come to know the Glory and the Light, which radiates from our <u>Great Lord</u> over us all. Only then you will see His Countenance in His Majestic lustre and Magnificence. Only then you will be able to endure His look and will your soul be pure and willing to serve Him building the Kingdom of the Light.

Him, whose name we do not pronounce out of respect, we dedicate ourselves. Do you the same, join our ranks in the realisation of the great plan. We have called you before, but you did not respond. Is it not so, that you are afraid for disappointment, that you are ashamed because of your own weakness, that you do not understand our message. Why do you search for support and certainty in the darkness, while it contains many more dangers and the rescueing Light is missing, the light that strengthens you and lifts you up.

Those who are afraid or ashamed close their soul for the higher influences they wince and go down in their own misery. The same accounts for the sad and the disappointed. They did expect too much from life but in most cases they did not offer to others that, which they had to give. We do not live by the love we receive, but by the love that we give to others.

For us there is no need to be afraid or ashamed, neither to be sad nor disappointed; we do not judge you, and do not reject you for mistakes you made, however great they were. We only want to fill you with happiness and peace, with power to be Love for the world and your fellow-men. We do not hurry you, and do not compel you to anything, but are with you each day and each hour, to guard you for dangers you did not describe to suffer

Rely upon us, helpers from other worlds, and spread the knowledge, that we really ARE. Why is there still so much doubt about our existence? Why do they readily believe the information given by your authorities, but do not listen to the many other voices, who point to the other unexplainable aspects, about which your scientists maintain silence. What do you know little about us, we perceive it also by the few voices, reaching us(1956). Make acquaintance with us, draw our attention and we will prove to you that we can help you and that we really ARE. Only so the spiritual revival can be achieved, which will preserve many of you from a seemingly endless darkness and desperation coming over you if you now renounce your vocation and do not follow our call. The Kingdom of Light is not built by dreams and wishful thinking."

Much has been heard and written down in the course of years. We cannot reproduce it all and have to leave it at that. Comments and question can be sent to the editors of the International Paranormal Bulletin, P.O.Box 1524, Amsterdam, Holland

#### EXPERIENCE OF A LADY PHYSICIAN

A lady physician, who each monday visits Amsterdam on account of her job, did return to her home in an extremely tired state, which is for her a great exception. Standing in front of the mirror she observed a great white thread going up from her stomach. She thought she saw a connection between this and sparks flying over the asphalt in Amsterdam and also took into account an electric light failure. She thinks she was tapped in by ufonauts. In December 1976 she was visited by three humanly looking creatures, who were somewhat smaller than we are. Their heads were slightly larger than ours. On another occasion she saw something like a large ant. In general they are innocent she says. As she is a member of a spiritualistic society we tend to assume that it were astral manifestations. She is convinced that it were people from the moon making an anatomical investigation. The white thread from her stomach indicates however that her fluidic force was used for coming new materialisations. At a previous occasion they told her that one base at the moon was destroyed but that there were still two beher bases.

# AUTHOR OF BOOKS ABOUT NATURE-CURES AND ASTROLOGY SPEAKS ABOUT UFO'S

Mrs Mellie Uyldert, author of several books about nature-cures, astrology and the occult properties of gems, living in Bussum told a reporter that she believes the flying saucers come from Atlantis. They have still several bases in different parts of the earth, according to her One of the bases is Blue Island near the North Pole. She got her conviction from a physician named Doreal from Los Angeles. She once had a contact with an Atlantean but she did not want to speak about it. According to her they are very hard and dictatorial and as Aquarius is again in the vernal sign, just as was the case in the days that Atlantis sunk, they will soon return with a large fleet of flying saucers and rule the earth again.

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